












# Post - Care Instructions

## Laser Hair Removal

[GentleMax Pro Plus,  
Apogee Elite Plus]

-  Redness, small red bumps, and a warm/burning sensation may last 2-3 hours after treatment. If bumps persist or worsen, contact us.
  -  Apply moisturizer to the treated area to prevent folliculitis and itching.
  -  Avoid hot water when washing – use lukewarm water only.
  -  Do not pluck, wax, or use depilatory creams during your treatment course.
  -  Avoid tanning and direct sun exposure during the treatment period.
  -  Shave the area the day before your next session.
  -  Apply sunscreen to treated areas before going outside.
  -  Avoid alcohol and smoking for 7 days.
  -  For best results, sessions are recommended every 4-6 weeks. Hair will shed naturally 1-2 weeks after each treatment.
-  *If you notice blistering or crusting at the treated area, please reach out to us right away.*
-  *Temporary darkening of the skin may occur.*

For any other concerns, contact us via [WA](#) or [DM](#) on Instagram.