

# Post - Care Instructions

Tattoo Removal



You can wash the area gently with mild soap and lukewarm water after 24 hours.



To prevent secondary infection, do not puncture or pick at blisters. If the blisters become excessively large or oozing occurs, please visit the clinic immediately for medical treatment and prescription medication.



Keep the treated area covered with a clean bandage for the first 24 hours.



Apply healing ointment as directed to keep the area moist during recovery.



Redness, swelling, and frosting (white discoloration) immediately after treatment is normal.



Avoid sun exposure on the treated area throughout your entire treatment course – this is essential. Apply SPF 50+ sunscreen once healed.



No strenuous exercise for 24–48 hours.



No alcohol or smoking for 7 days.



Sessions are spaced 4–6 weeks apart to allow full healing.



*If you notice signs of infection (increasing pain, pus, fever), contact us immediately.*

For any other concerns, contact us via [WA](#) or [DM](#) on Instagram.