

Post - Care Instructions

Thread Lifting

[Ultra V, Mint, Jamber, Nose
Thread/Super Hiko]



Do not rub, massage, or apply pressure to the treated area for 1 week.



Avoid washing with hot water; use lukewarm water only.



Sleep on your back for at least 1 week – sleeping on your side may shift the threads.



Mild swelling and bruising may occur for a few days; gentle cold compresses can help.



No makeup on the day of treatment; wait at least 24 hours before applying any.



Avoid saunas, steam rooms, excessive heat, and strenuous exercise for 1 week.



Avoid alcohol and smoking for 7 days.



Temporary skin dimpling (unevenness or depression) or minor lumps may occur after the treatment. These symptoms typically resolve naturally within a few weeks and are no cause for concern. If the dimpling worsens or persists beyond one month, please contact us.

For any other concerns, contact us via [WA](#) or [DM](#) on Instagram.